

Circa is a sensational contemporary dance performance intertwined with acrobatic feats; it is truly unique. The sheer talent and agility of the six performers had my eyes locked to the stage throughout the whole show. The use of music and sound sets the scene of each sequence perfectly and really highlights the performance, it builds tension in the right places and the use of silence had me holding my breath, staring in anticipation at what amazing act would come next. As the show progresses the skill of each individual becomes clear, and each lift or show of agility is even more incredible than the first.

One woman balancing on one foot on a man's head had me perched on the edge of my seat, I could hardly contain myself when three men were tentatively balancing in a human tower, and yet there was another shock to come when the top man gracefully leaped down and kicked the bottom man in the stomach and as I let out a cry of shock he caught the middle man and spun him round his torso.

The show also had light relief from the daring tricks and lifts with an astounding hula hoop act: a female performer managed to fit her whole body through a tiny hoop and there was an entertaining sequence of a man with finger and hands tricks who succeeded in doing a two-fingered handstand.

Circa was thoroughly enjoyable and I loved every minute of it, I would highly recommend it to anybody.

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